

Marquette Model of NFP: Love, Fertility, and Responsibility PLUS Technology

2019 Summer Dates!

5/6 7pm CST Online Session

5/8 7pm @ Mary Our Queen Parish (Omaha)

5/28 7pm @ John XXIII Diocesan Center (Lincoln)

6/5 7pm CST Online Session

6/25 7pm @ John XXIII Diocesan Center (Lincoln)

7/11 7pm CST Online Session

7/23 7pm @ John XXIII Diocesan Center (Lincoln)

Why Use Marquette Model (MM)?

- Uses current technology: ClearBlue monitor, online charting & fertility apps
- No hormones or side effects
- Knowledge of how YOUR body works

A natural method of monitoring and understanding fertility that can be used to avoid or achieve pregnancy.

Who Can Use MM?

Anyone! MM works for regular and irregular cycles. The MM also has the most current protocols for breastfeeding and premenopausal women.

How Does MM Work?

Hormone monitoring- a quick, easy test, just once per day, detects the presence of fertility hormones.
Cervical Mucus- observe and record changes in a woman's daily cervical mucus
Fertility Formula- scientifically based algorithm to supplement the monitor or mucus observations

Does it work?

YES! A recent study demonstrated a 99% efficacy of the MM in avoiding pregnancy when taught by a qualified teacher and correctly applied.



For more information and to register contact:
Rebekah Knobeloch, RN, BSN,
Marquette Method Instructor
RebekahKnobeloch@MarquetteNFP.com
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