

Marquette Model of NFP: Love, Fertility, and Responsibility PLUS Technology

Saturday, January 19th
St. Stephen the Martyr Parish Center (GPC)
16701 S Street, Omaha, NE

Why Use Marquette Model (MM)?

- Uses current technology: ClearBlue monitor, online charting & fertility apps
- No hormones or side effects
- Knowledge of how YOUR body works

A natural method of monitoring and understanding fertility that can be used to avoid or achieve pregnancy.

Who Can Use MM?

Anyone! MM works for regular and irregular cycles. The MM also has the most current protocols for breastfeeding and premenopausal women.

How Does MM Work?

Hormone monitoring- a quick, easy test, just once per day, detects the presence of fertility hormones.

Cervical Mucus- observe and record changes in a woman's daily cervical mucus

Fertility Formula- scientifically based algorithm to supplement the monitor or mucus observations

Does it work?

YES! A recent study demonstrated a 99% efficacy of the MM in avoiding pregnancy when taught by a qualified teacher and correctly applied.



Three Sessions:

1pm: Church teaching supplement session for engaged couples

2pm: NFP/MM basics introductory session (\$30)

3:15pm: Breastfeeding protocol supplement

Private and follow up sessions available at an additional cost. All follow up sessions include 1 year of online support/communication.

Space is limited. For more information and to register by January 15th, contact Bekah at RebekahKnobeloch@MarquetteNFP.com



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