

The Human Sexuality Formation Committee, Archdiocese of Omaha presents

Teen STAR Training Workshop

October 18-21, 2018

St. Stephen the Martyr Parish Center

16701 "S" St, Omaha, NE 68135



Oct 18: 11 am - 6 pm / Oct. 19: 9 am - 8 pm / Oct. 20: 9 am - 5 pm / Oct. 21: 9 am - 1 pm

Cost: \$350 / Limited Number of Scholarships Available / Meals & Lodging Separate

Block of rooms reserved at the Holiday Inn Express and Suites, 17677 Wright Street , Omaha, NE, 68130
\$102 per night tax exempt, free breakfast

For more information or to register contact HSF Coordinator Kathie McGee
KathieMcGee@SkuttCatholic.com or call 531-444-8332

Teen **STAR** – Sexuality **T**eaching in the context of **A**dult **R**esponsibility. Using proven techniques to teach chastity to adolescents worldwide for more than 25 years. www.TeenStar.org

Teen STAR

- Is a unique program for education in human sexuality.
- Engages the experience of the woman's fertility sign centrally in the learning experience to integrate it with the emotional (affective) intellectual, relational and spiritual aspects of human sexuality.
- Includes developmentally appropriate curricula designed for early, middle and late adolescence, as well as post partum teens.

Process

- Classes should be offered weekly for two semesters.
- If coeducational, Units 1-7 are taught in gender-separated groups.
- Can be taught in Religion, Health, Family Life or Biology classes, or Youth Group settings.
- Emphasis on primary prevention especially in 7th to 10th grades.
- Teen STAR has demonstrated ability to undergird virginity as well as a return to chastity.
- Available in 14 languages.

Educational Objectives

- TO RECOGNIZE the physiological signs of male & female fertility
- TO ENABLE young people to understand emotional changes in the cycle and the feelings these changes generate.
- TO KNOW how to use the curriculum to facilitate cognitive and experiential learning as logical stimuli in surfacing values involved.
- TO HELP students learn decision-making.
- TO WIN the enlightened cooperation of parents, balancing their involvement with their own child's developmental needs.